



RICHMOND  
COUNTRY CLUB 1958

---

## SUMMER TENNIS PROGRAM 2024

### **Potential High Performance Tennis Off Site Tournament Practice and Coaching**

RCC will be hosting off site team practices prior to tournament matches throughout the week with pre and post match discussions with our Coaching Team. Pre and post match logs will be reviewed by the coach to help all athletes formulate match objectives. Even those who are not playing on a particular day are welcome to join the off site practice or join us at Richmond Country Club for our onsite High Performance practices.

### **When will this take place?**

The Director of Racquets and Athletics and the coaching team will be looking at the summer Tennis BC Schedule and will determine what tournaments we will host tournament off site RCC practices. We will email all participants who are enrolled in our groups with detailed information.

### **What is the cost?**

On-Court Practice & Off Court Match Prep plus Match review: \$120 + GST per day per person (\*minimum 4 players)

### **How Long will the coach be present?**

Depending on court time, we will be running practices anywhere from 6:30am-9:00am. Practice will be roughly 1-1.5 hours long. Specific times will be communicated closer to the events. The coach will be present at the event for a maximum of 8 hours per day.

### **What are the Coach's Responsibilities?**

- conduct morning practice
- review match logs before the match
- watch matches and provide support
- supervise at the event
- provide a team atmosphere at each event

## **SUMMER JUNIOR TENNIS PROGRAM**

We are happy to unveil our 2024 Summer Junior Tennis Program. Our main goal is to provide world class tennis lessons to allow each junior to reach their full potential.

Please review the important information below regarding our Summer Junior Tennis Program

### **2024 Summer Schedule**

RCC will be running an 9 week Summer Program Schedule July 2-August 30, 2024.

### **Registration**

Members will receive first priority for our Summer Programs. If spots remain open, we will invite non-members to join the group on a first come first served basis. The priority for group acceptance is as follows: 1. RCC members 2. Non-member Spring participants 3. New participants.

For all existing and new program participants, please complete the Summer Program Registration Form:

**[MEMBERS CLICK HERE](#)**

**[NON MEMBERS CLICK HERE](#)**

### **Full Week Registration**

Full week registration will have priority over part week registrations.

### **Invoicing Process**

In order to secure your days payment must be made in advance. An invoice will be sent and must be paid immediately. Members will be charged to their member accounts.

### **Registration Dates**

Member Registration: Starting Tuesday April 9th, 2024 @ 8am.

Non Member Registration: Starting Tuesday April 16th 2024 @ 8am.

### **Payment**

Once you confirm your spot in the program, an invoice will be sent to you. To confirm your spot, non-member payments by e-transfer must be made to [hchoi@richmondcc.ca](mailto:hchoi@richmondcc.ca). All RCC Members will be charged directly to their accounts. Credit card payments are available over the phone but are subject to a 3% fee. E-transfers are highly recommended instead of debit payments to decrease the amount of traffic flow within the club. Once your e-transfer is complete, a confirmation email will be sent confirming your payment.

### **Group Customization**

If there are families/participants who would like to organize a custom weekly camp with 3 or more juniors, we can try to facilitate this within our program schedule. Camp rates would apply.

### **Rain Outs**

If rain outs occur, credits will be applied to classes throughout the summer.

### **Outdoor Courts**

Due to the high demand in outdoor courts, there will be times where some participants may have to go inside for their group lesson. We will be doing our best to ensure that equal amounts of time outdoors for all participants are consistent.

### **Cancellations/Changes and Fees**

There will be a \$75 administration fee applied to any changes made after invoicing. No refunds provided after 2 weeks from camp start date.

# Progressive

## Red Ball Morning Tennis Camp (4-5yrs) (6:1 Coach to Student Ratio)

**Days & Times:** Regular - Monday-Friday (max. 8) 9:00-11:00am

2 hour Class: Member \$64.00/class, Non-Member \$80/class

*\*The Red Ball Camp will be taking place on the basketball court using red ball nets and compression balls.*

*This group is for players aged 4-5 years old. This camp is an introduction to tennis which allows participants to work on basic fundamentals and motor skills. Red Felt compression balls are used to help aid kids of the each group to make contact with the more consistently and help aid their development. The goal for this camp is for kids to seek enjoyment from the game in tennis to allow them to come back wanting more.*

## Orange Ball ELITE Morning Tennis Camp (6-9yrs) (4:1 Coach to Student Ratio)

**Days & Times:** Elite - Monday-Friday (max. 12) 7:30am-9:00am

*This group is for players aged 7-10 years old who are currently participating in rookie tour events or rising stars event in the U9 or U10 categories. Participants in this group will be continuing to work on accelerating their fundamentals through tactically and physical play. A mixture of drills, situational play and point play will be conducted during this group.*

## Orange Ball Program Morning Tennis Group (6-9yrs) (6:1 Coach to Student Ratio)

**Regular/Advanced -** Monday to Friday (max. 12) 9:00am-12:00noon

## Orange Ball Program Afternoon Tennis Group (6-9yrs) (6:1 Coach to Student Ratio)

**Regular/Advanced -** Monday (max. 12) / Wednesday (max. 12 / Friday (max. 12) 4:00-6:00pm

**Cost:** 3 hour Class: Member \$96/per half day, Non-Member \$120/ per half day  
2 hour Class: Member \$64/class, Non-Member \$80/class

*This group is for players aged 7-9 years old and who are starting to learn and develop the skills needed to perform at an adequate level. Orange felt compression balls are used to make it easier for juniors at this age not only make contact with the ball more frequently but also in time, rally balls to make tennis enjoyable. Smaller courts are also used to help facilitate relative dimensions to help their progression.*

# Progressive

## Green Dot Ball ELITE Morning Tennis Camp (4:1 Coach to Student Ratio)

**Days & Times:** Elite - Monday-Friday (max. 12) 7:30am-9:00am

*This group is for players aged 7-10 years old who are currently participating in rookie tour events or rising stars event in the U9 or U10 categories. Participants in this group will be continuing to work on accelerating their fundamentals through tactically and physical play. A mixture of drills, situational play and point play will be conducted during this group.*

## Green Dot Ball Program Morning Tennis Group (9-10years) (6:1 Coach to Student Ratio)

**Regular/Advanced -** Monday to Friday (max. 6) 9:00am-12:00noon

## Green Dot Ball Program Afternoon Tennis Group (9-10years) (6:1 Coach to Student Ratio)

**Regular/Advanced -** Tuesday (max. 6) / Thursday (max. 6) / 4:00-6:00pm

**Cost:** 3 hour Camp: Member \$96/per half day, Non-Member \$120/ per half day  
2 hour Class: Member \$64/class, Non-Member \$80/class

## **Development / Competitive**

### **“Tween” Tennis 9+ (5:1 Coach to Student Ratio)**

**Days & Times:** Monday to Friday (max 5) 2:00-4:00pm.

**Cost:** 2 hr Class - Member \$64/class, Non-member \$80/class.

*This group is for juniors from ages 9-12 yrs old who are either just being introduced to the game of tennis or are looking to improve their skills at a developmental or emerging competitive level. The main goal of this group is to emphasize a fun atmosphere and enjoyment of the game through fun game based learning. Our hope is that we can gain more interest in tennis for those participating in “Tween”Tennis. This is a good avenue for juniors who are looking to play high school tennis in a few years’ time.*

### **Teen Tennis 12+ (5:1 Coach to Student Ratio)**

**Days & Times:** Monday to Friday (max 5) 2:00-4:00pm

**Cost:** Member \$64/class, Non Member, \$80/class

*This group mainly targets teens who are interested in advancing their tennis game in a fun but focused atmosphere. Coaches in this group will be teaching a lot of technical and tactical work so that they can improve each athlete’s knowledge of the game and hopefully put them in a position to play the game correctly. If you are looking to possibly play school tennis or just learn the fundamentals of tennis, this group is for you.*

## **Performance**

### **HP3 - High Performance 3 Tournament Level (10-12 yrs) (5:1 Coach to Student Ratio)**

**Days & Times:** Monday-Friday (max 5) 2:00-4:00pm.

**Cost:** 2 hr Class - Member \$64/class, Non-member \$80/class.

*This group is for young aspiring tennis players who are looking to continue training the technical, tactical, physical, mental and emotional components of the game. The main goal of this group is to emphasize and continue to mold each athlete’s basic fundamentals and set them up for a positive future in tennis. Successful HPT participants eventually filter into our HPP or HPE groups when they reach the appropriate age or level. All players in this group should be participating in Tennis BC Tournaments at minimum. (1-4 tournaments a year).*

# Performance

## **HP2 - High Performance 2 Provincial Level (11 - 15 years of age) (4:1 Coach to Student Ratio)**

**Days & Times:** Monday-Friday (max 8) 12:00-3:00pm (2:00-3:00pm fitness)

**Cost:** Member \$96 per class, Non Member, \$120 per class

*This group is for serious tennis players who have the focus and desire to train, play and compete. It is required for all athletes within this group to consistently participate in provincial level tennis events. Minimum ranking requirement of top 60 in BC. All participants will work on situational play, focus on technical requirements, and the mental rigours of competing at a high level. All players in this group must be approved by the Director of Tennis prior to enrolling in the class.*

## **HPI - High Performance 1 Elite Level 1 (16+ years of age) (4:1 Coach to Student Ratio)**

**Days & Times:** Monday-Friday (max 8) 12:00-3:00pm (2:00-3:00pm fitness)

**Cost:** Member \$96 per class, Non Member, \$120 per class

*This group is for serious tennis players who have the focus and desire to train, play and compete. It is required for all athletes within this group to participate in top provincial, national or international level tennis events. Minimum ranking requirement of top 30 in BC. All participants will work on situational play, focus on technical requirements, and the mental rigours of competing at a high level. All players in this group must be approved by the Director of Tennis prior to enrolling in the class.*

## **Priority Criteria for all High Performance Summer Camp Group Class Participants**

- 1. RCC HP Member participants - program participants who have been in the program the longest receive 1st priority**
- 2. RCC HP Guest Participants - program participants who have been in the program the longest receive 1st priority**
- 3. RCC HP NEW Guest Participants**

# **RCC Coaches**

## **Henry Choi, Director of Racquets & Athletics**

Henry attended Indiana State University where he obtained his Bachelor of Science and Master of Arts in Sports Management where he had a full scholarship to play Division One tennis in college for the Indiana Sycamores at Indiana State. He continues to compete and has been in the top 10 in Canadian Men's Open Singles throughout the past 10 years. In June 2019, after winning 5 ITF Championships in 6 months, he reached a career high of #1 in the World, ITF Men's 35 Singles and #7 in Doubles, a first in BC and 2nd in Canadian history. Henry represented Canada at the Young Senior World Team Championships in Florida in 2018 and was a semi-finalist at the World 35 Men's Singles Championships that year. Henry is a Tennis Canada certified Level 3 Professional. He was the Junior Director at Vancouver Lawn Tennis and Badminton Club from 2006 through 2011. Henry joined the Richmond Country Club after that, where he is now the Director of Racquets and Athletics. During his tenure coaching at both clubs, he spent countless hours with players ranging from top ranked international, national, and provincial levels as well as non-competing club players. He has a lifelong passion for the game of tennis, wants to provide opportunities for other players to achieve their goals and build tennis in BC.

## **Carl Ho, High Performance Coach**

Carl graduated from the University of New Mexico, with a Bachelor of Business Administration, where he was on a full tennis scholarship. As a junior, Carl was ranked #1 in BC from 2006-2008 in both singles and doubles! He is currently ranked in the top 10 for men's singles in BC. Carl has been working with our very best performance juniors and adults at Richmond Country Club. He also enjoys teaching all levels. He has been coaching at RCC since 2013.

## **Helen Kelesi, Junior Development Coach**

Helen Kelesi is a former WTA player and is Canada's 3rd highest ranked female tennis player of all time. Her Career high ranking was #13 in the world in singles and #18 in doubles with partner Monica Seles. Helen has reached the quarterfinals twice at the French Open, finals twice at the Italian Open, was Italian Open doubles champion, Japan Open singles champion, and Canadian National champion 5 times. She has career wins over Chris Evert, Conchita Martinez, Pam Shriver, Arantxa Sanchez-Vicario, and Jana Novotna. Helen was a proud member of the Canadian Summer Olympic Games and Seoul Olympics in 1988, and the Barcelona Olympics in 1992. During her career, she was also a Fed Cup Team member for over 10 years. "Hurricane Helen" was winner of the Canadian Female Press Athlete of the Year for 2 years in a row, Tennis Canada's athlete of the year, and was inducted into BC's Sports Hall of Fame in 2008. Helen was a Tennis Canada National Touring Coach for many of Canada's top ranked players. She was Head Tennis Director at Peoples Courts in Saskatoon, High Performance coach at the ORC, and High Performance Junior Development Director at Elite Tennis Academy for 5 years. Helen is certified as a Coach 3 Level Instructor, Club Pro 2, and a BCRPA Personal Trainer. Helen joined the coaching team at RCC in 2016 to groom our future champions!

## **Luigi Albarracin, Assistant Tennis Professional**

A former top junior in the Philippines, Luigi started playing tennis when he was seven years old. Upon moving to Canada, he represented BC in junior nationals and is also a former top 10 in Men's Open Singles. With 10 years of experience in coaching tennis, Luigi brings his passion for the sport and a wealth of experience and knowledge to RCC.

## **Joseph Ko, Assistant Tennis Professional**

Joseph Ko joined the Richmond Country Club as an Assistant Tennis Pro in 2020. He has had fabulous tennis results, championing in Open and Junior Tournaments in Quebec and Ontario which allowed him to achieve a top 5 ranking in Canada (U16-U18) and a Canadian Open Men's Ranking in the top 35. Joseph worked with the Tennis Montreal Excellence Team for 7 years as a Coach and was selected as a Hitting Coach and Assistant Coach for the Canadian National Team for over 2 years. His certification includes Tennis Canada Instructor and Coach 1, and he can speak French, English, and Korean.

## 2024 RCC Summer Weekly Tennis

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am-9am Green Dot Elite (8 Spots)  Orange Ball Elite (4 spots)	7:30am-9am Green Dot Elite (8 Spots)  Orange Ball Elite (4 spots)	7:30am-9am Green Dot Elite (8 Spots)  Orange Ball Elite (4 spots)	7:30am-9am Green Dot Elite (8 Spots)  Orange Ball Elite (4 spots)	7:30am-9am Green Dot Elite (8 Spots)  Orange Ball Elite (4 spots)		
9am-11pm Red Ball Camp (12 Spots)	9am-11pm Red Ball Camp (12 Spots)	9am-11pm Red Ball Camp (12 Spots)	9am-11pm Red Ball Camp (12 Spots)	9am-11pm Red Ball Camp (12 Spots)	Private Lessons	Private Lessons
9am-12noon Orange Ball Camp (12 spots)  9am-12noon Green Dot Camp (6 Spots)	9am-12noon Orange Ball Camp (12 spots)  9am-12noon Green Dot Camp (6 Spots)	9am-12noon Orange Ball Camp (12 spots)  9am-12noon Green Dot Camp (6 Spots)	9am-12noon Orange Ball Camp (12 spots)  9am-12noon Green Dot Camp (6 Spots)	9am-12noon Orange Ball Camp (12 spots)  9am-12noon Green Dot Camp (6 Spots)	Private Lessons	Private Lessons
11-12noon Multi Sport Tennis  12:00-3:00pm HPI & HP2 (16 Spots)	11-12noon Multi Sport Tennis  12:00-3:00pm HPI & HP2 (16 Spots)	11-12noon Multi Sport Tennis  12:00-3:00pm HPI & HP2 (16 Spots)	11-12noon Multi Sport Tennis  12:00-3:00pm HPI & HP2 (16 Spots)	11-12noon Multi Sport Tennis  12:00-3:00pm HPI & HP2 (16 Spots)	Private Lessons	Private Lessons
2:00-4:00pm HP3 (5 Spots)  2:00-4:00pm Tween/Teen (10 Spots)	2:00-4:00pm HP3 (5 Spots)  2:00-4:00pm Tween/Teen (10 Spots)	2:00-4:00pm HP3 (5 Spots)  2:00-4:00pm Tween/Teen (10 Spots)	2:00-4:00pm HP3 (5 Spots)  2:00-4:00pm Tween/Teen (10 Spots)	2:00-4:00pm HP3 (5 Spots)  2:00-4:00pm Tween/Teen (10 Spots)	Private Lessons	Private Lessons
4:00-6:00pm Orange Ball (12 Spots)	4:00-6:00pm Green Dot (12 Spots)	4:00-6:00pm Orange Ball (12 Spots)	4:00-6:00pm Green Dot Regular (12 Spots)	4:00-6:00pm Orange Ball Regular (12 Spots)	Private Lessons	Private Lessons



## **IMPORTANT NOTES**

- We will be offering multiple times to try to accommodate the majority of participants.
- If certain groups have low registration, we will do our best to shift participants into other group times or shift the actual group time to one that is most accommodating to everyone.
- Richmond Country Club has the right to cancel classes that have less than 3 participants.
- Rain days will be transferred as credit for future classes.
- If we can secure indoor courts during rain days, we will notify the participants by email.

## **GROUP CUSTOMIZATION**

- If families/participants would like to form their own group (minimum of 3), we will try to facilitate outside of our program groups.
- We will honour the group rate if a time is accommodated.
- All inquiries can be directed to the Director of Racquets and Athletics at [hchoi@richmondcountryclub.ca](mailto:hchoi@richmondcountryclub.ca)